



TELL ME ABOUT YOUR ANIMAL QUESTIONNAIRE

As an animal parent, you have valuable insights that might be useful to know in order to provide the best healthcare for your beloved animal. Please answer the questions below, to help me learn a bit more about them. The more precise and relevant your observations and information are, the easier it will be to determine the origin of the problem and find a solution to it.

 Your Name:

 Your Address:

 Your Email:

 Your Phone Number:

General information about your animal:

 Name:

 Sex:

 Species:

 Breed:

 Age:

 Weight:



Observation of current symptoms and recent disease/conditions. Describe as precisely as possible:

The state of their eyes, muzzle, ears and teeth:

Their feces and urine (frequency, quantity, colour, texture, odour, content, difficulties, unusual patterns...):

The state of their mouth (teeth, gums, tongue, odour):

The state of their skin, fur, claws:

Their breathing (sound, frequency, intensity):

Their mobility and activity (limping, inability to run...):

Their behaviour, energy level, mood:

Situations, positions, or factors that improve your animal's condition:

Situations, positions, or factors that worsen your animal's condition:

 **Recent diseases, history, treatment:**

Your animal's medical history:

Recent test results, if any:

Any previous surgical procedures:

Vaccinations:

Accidents, stressful events, house moves...:

Symptoms observed recently, for example dental calculus, unpleasant general odour, skin complaints, chronic diarrhea, sneezing, tumours...:

Current treatment prescribed by their vet:

Medication currently being used (or in the past 3 months or less) and its effects on your animal:

Recent use of supplements, herbs and holistic remedies or therapies (specify which ones, their effectiveness, the results, and side-effects:

 **Current and past diet:**

It is important to note the brand and manufacturer of the food you give your pet. Describe all the food you give them and the frequency of their meals throughout the day. Identify any changes that occur, such as loss of appetite, vomiting...:

 **Exercise and playtime**

Type and amount of physical exercise as a general rule:

Average amount of time spent outside each day:

Amount of playtime each day:

Amount of time your animal is alone each day:

 **Emotions and behaviour**

Your animal's usual behaviour:

Current behaviour, if different:

 **External Factors**

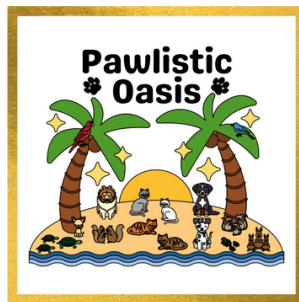
Contact with other people and other animals:

Environmental factors or family situations that could cause your animal stress:

Additional comments:

Any further details or extra information you think could be useful:

Take your time and pace yourself when answering the questionnaire, It is an important part in the assessing process of your animal. All this information will allow us to determine the avenues to explore that is best suited for your animal at this time.



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Health Diary (Highly Recommended)

It is strongly recommended that you start keeping a health diary for your pet. This will help you monitor their health, but also, and above all, any changes that occur in their everyday life and yours. An event like moving house or a family-related issue could cause your animal stress or anxiety.

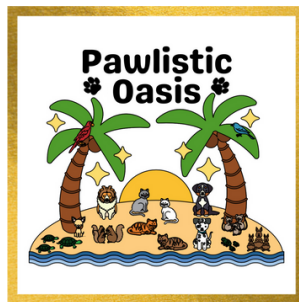
If you change their diet, specify the date and nature of the changes, as well as any consequences you notice in the animal in the following days. Watch your pet closely after starting a natural treatment, as this could cause their symptoms to develop.

Check their teeth, ears, eyes, and other parts of their body regularly, and make a note in the diary of anything you think seems to have changed. When you stroke your pet, take the opportunity to inspect their fur and skin, looking for lumps, irritated areas and anything else unusual.

Write a comment on your animal's health condition at least once a week, and when any change occurs, whether in your animal's life or your own.

This enables the animal naturopath to work more efficiently as holistic healing aims to investigate for the root cause of the condition rather than just treating symptoms.

“The better you know your animal, the better you'll be able to play the role of a companion and caregiver.”



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